

# National Work Life Week 2023

National Work Life Week is an annual campaign designed to highlight the importance of creating a healthy balance between our working life and our personal life. But what should employers do when an employee's personal problems begin to take over their work life? Studies show that 47% of employees admit that their personal problems sometimes affect their performance at work. Here, BDBF explore some major life events that could impact an employee's working life and consider how employers can go the extra mile to support staff during difficult personal times.

**BDBF is a leading employment law firm based at Bank in the City of London. If you would like to discuss any issues relating to the content of these articles, please contact [info@bdbf.co.uk](mailto:info@bdbf.co.uk), or your usual BDBF contact.**